

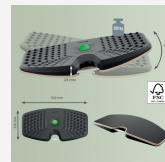
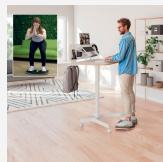
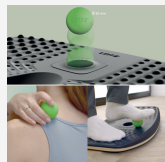
## Leitz Ergo Active Balance Board



Stay Active and Feel Good with the Leitz Ergo Balance Board. Enhance your posture, help reduce back pain and boost energy levels with the high-quality Leitz Ergo Balance Board. Designed for standing desks, this premium wobble board features a balanced 14° tilt that encourages natural micro movements, helping to engage your core and legs while you work. Regular use of this low-impact balance board can strengthen your core muscles, improve balance and promote better circulation and it has been tested and certified by the German Institute for Health and Ergonomics (IGR).

It's ideal for long hours of standing, sitting and even video conferencing to help reduce foot fatigue, improve posture and keep you alert throughout the day. The anti-fatigue textured massage surface supports your joints and muscles, while the removable massage ball offers targeted relief for feet, wrists and shoulders. Features a durable FSC certified wooden base with anti-slip design to ensure safety. Compact in size, this board is easy to carry and store when not in use. It can also be placed under your desk for a soothing wobble while sitting, keeping your feet active even during long periods of sitting.

Its minimalist style fits seamlessly into your home, office or gym, and the built-in aluminium handle makes it easy to transport and store. Boost your productivity, comfort and overall well-being with Leitz. Our mission is to provide solutions that empower individuals to thrive at work and beyond, promoting positive mental health and physical wellness. Combine with other Leitz Ergo products to customise your flexible and individual sit, stand & move workstation. Stay active, feel inspired and enjoy comfort at work and beyond – where human-centric design meets premium quality. FEEL GOOD with Leitz.



Attributes

Specifications

Number	65870089
Colour	dark grey
Dimensions (W x H x D)	540 x 65 x 310 mm
Weight	2420 g
Pallet quantity	80
EAN code	4002432136063

- Low-impact rocking motion keeps legs and core muscles moving to help improve posture and reduce back pain caused by prolonged periods of standing or sitting
- Regular use of the Ergo Balance Board can strengthen core muscles and enhance balance and coordination which can positively affect overall well-being
- Perfectly balanced with a 14° angled tilt to create natural and effective micro movements providing a gentle, effective workout for legs and feet
- The anti fatigue textured massage surface can reduce pressure on joints and muscles and increase blood flow which helps boost energy levels and keep you more alert and focused
- Featuring a removable massage ball (50mm) designed to provide deep, targeted relief for your feet, as well as tired wrists and shoulders
- Premium strong and soft foam surface for optimal grip suitable for shoes, socks or barefoot with a water-resistant surface that protects against spills and can be effortlessly wiped clean
- Tested and recommended by the German IGR Institute for Health and Ergonomics, according to DIN 26800 EN ISO 15537
- Compact and lightweight with a strong, built-in aluminium carry handle making it easy to transport and store or hung on a Leitz Ergo Pegboard Organiser (65490000) when not in use
- Made from durable material ideal for high-traffic areas. The solid FSC certified wooden anti-slip base with non-scratch ensures safety, protects floors and can support up to 200kg
- A sleek and ergonomically designed balance board for active standing perfect for sit and standing desks and fitness exercises. It can also be placed under your desk for a soothing wobble while sitting, keeping your feet active even during long periods of sitting
- Arrives fully assembled in plastic-free, recyclable packaging complete with simple instructions for use
- Create yourself an individual and comfortable work environment to FEEL GOOD with Leitz Ergo