

Fellowes

Ergonomic Solutions



Refresh™
Foot Support

Foot Support

Features:

- Vented platform allows air to circulate around your feet
- Dual position height settings
- Platform slides to offer angle adjustability for optimal comfort
- Two oversized massaging panels encourage correct positioning of feet
- Elevates feet and legs to help relieve lower back pressure and improve posture
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Specification:

Code	8066001
Colour	Charcoal
Product Dimensions (H x W x D)	9.53 x 45.24 x 33.02 cm
Product Weight	1.66 kg
Retail Carton Dimensions (H x W x D)	33.81 x 45.56 x 9.68 cm
Retail Carton Weight	1.65 kg
Outer Carton Dimensions (H x W x D)	48.90 x 21.11 x 35.56 cm
Outer Carton Weight	3.87 kg
Number of Height Settings	2
Height Range	9.5 / 13.5 cm
Platform Size	45.2 x 33 cm
Angle	up to 22°
Rocking Motion	Yes
Textured Surface	No
Features	Rocking Motion Ventilated Surface
Retail Barcode (UPC)	043859675494
Outer Carton Barcode (SCS)	50043859675499
Quantity per Outer Carton	2
Country of Origin	China
Warranty	1 Year Limited



Ergonomic positioning
Elevates feet and legs to help relieve lower back pressure and improve posture



Height adjustable
Dual position height settings for comfortable working



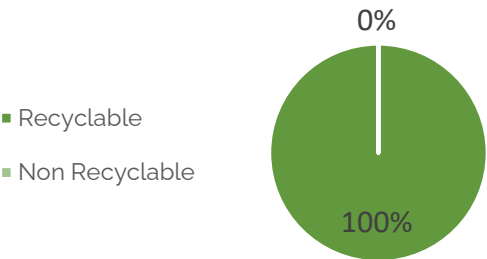
Vented platform
Allows air to circulated around your feet



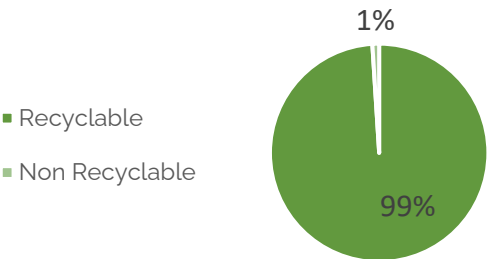
Sliding platform
Sliding platform offers angle adjustability for optimal comfort

Recyclability:

Product



Packaging



Ergonomic Working:



ZONE 1 PREVENT BACK TENSION

Check your posture.

A foot and back support will help provide the most comfortable working position.

How to use a foot rest

1. **Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
2. **Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
3. **Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
4. **Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:



2 height positions

