

Fellowes

Ergonomic Solutions



Professional Series
Heavy Duty Foot Support

Professional Series

Heavy Duty Foot Support

Features:

- Elevates feet and legs to relieve lower back pressure
- Simple height adjustment provides 3 platform heights
- Steel structure and platform provides sturdy support
- No fixed angle enabling rocking motion to improve circulation
- Anti-slip platform surface
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Specification:

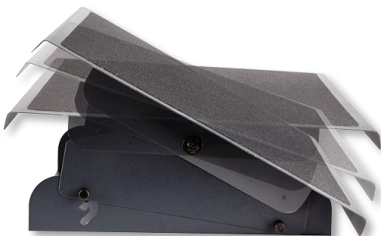
Code	8064101
Colour	Black
Product Dimensions (H x W x D)	1.32 x 3.85 x 6.10 cm
Product Weight	5.04 kg
Retail Carton Dimensions (H x W x D)	13.2 x 38.5 x 61 cm
Retail Carton Weight	5.12 kg
Outer Carton Dimensions (H x W x D)	27.5 x 39.5 x 62 cm
Outer Carton Weight	10.32 kg
Number of Height Settings	3
Height Range	10.5 / 12 / 13.5 cm
Platform Size	56 x 34 cm
Angle	Up to 25°
Rocking Motion	Yes
Textured Surface	No
Features	Rocking Motion Anti-slip Surface
Retail Barcode (UPC)	043859627769
Outer Carton Barcode (SCS)	50043859627764
Quantity per Outer Carton	2
Country of Origin	China
Warranty	1 Year Limited



Ergonomic positioning
Elevates feet and legs to help relieve lower back pressure and improve posture.



Height Adjustable
Simple height adjustment provides 3 platform heights.



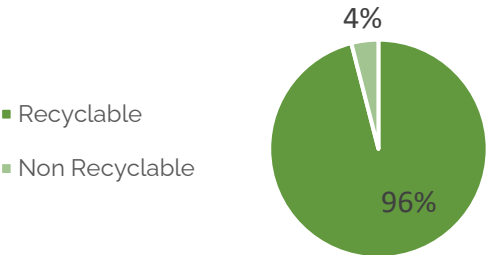
Rocking Feature
No fixed angle to improve circulation.



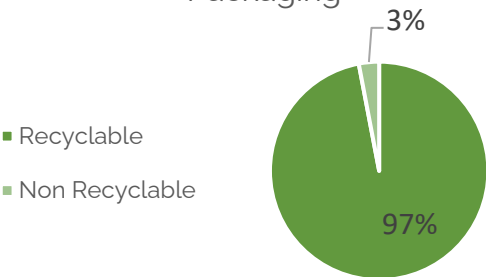
Anti-slip surface
Keep feet secure with anti-slip surface.

Recyclability:

Product



Packaging



Ergonomic Working:



ZONE 1

PREVENT BACK TENSION

Check your posture.

A foot and back support will help provide the most comfortable working position.

How to use a foot rest

1. **Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
2. **Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
3. **Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
4. **Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



Certifications:

Pending: EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

