

# **Ergonomic Solutions**



## Breyta™ Lumbar Cushion



#### Features:

- Designed to help reduce back discomfort by providing support and encouraging correct ergonomic posture.
- Easy to use adjustable strap holds support firmly in place.
- Compact design for easy transportation wherever you work.
- Foam contains post-consumer recycled content from mattresses.
- Fabric cover made from 100% post-consumer recycled, polyester.
- Made in the UK and built to last with 5-year extended warranty.
- Pending: Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5.



### Specification:

100119853		
Black		
17.00 x 35.00 x 6.00 cm		
0.14 kg		
35.00 x 18.00 x 7.00 cm		
0.25 kg		
37.00 x 29.00 x 18.70 cm		
1.21 kg		
100 cm		
Lumbar support		
Made from 100% post-consumer recycled polyester fabric		
Foam contains post-consumer recycled content from mattresses		
043859803064		
10043859803061		
4		
United Kingdom		
5 Year Limited		





Ergonomic Design Lumbar support to prevent back tension.



Easy to Attach Adjustable strap with durable buckle holds lumbar cushion in place.



#### Made from Recycled Content

Fabric cover made from 100% post-consumer recycled polyester fabric. Foam contains post-consumer recycled content from mattresses.



Lightweight Compact design for easy transportation wherever you work.



### Environmental:

	Product Material Breakdown		Product Recycled Content		t
Product	Weight (g)	Weight (%)	Pre-Consumer Recycled Content (g)	Post Consumer Recycled Content (g)	Total Recycled Content (%)
Polyurethane Foam	70	49%	-	4	5%
Polyester Fabric	23	16%	-	23	100%
Polypropylene (PP)	25	18%	-	-	-
Acetal (Polyoxymethylene, POM)	15	10%	-	-	-
Polyester Zip	6	4%	-	-	-
Zinc	2	1%	-	-	-
Nylon	2	1%	-	-	-
Total	143	100%	-	27	19%

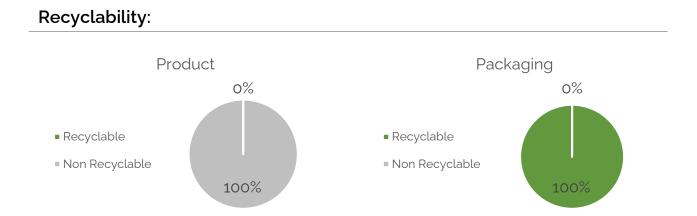
	Product Material Breakdown		
Packaging	Weight (g)	Weight (%)	
Corrugated Box	90	100%	
Total	90	100%	



Packaging made from FSC® Recycled board

**Pre-Consumer Recycled Content:** Waste material that was created during the process of manufacturing or delivering goods prior to their delivery to consumers.

**Post-Consumer Recycled Content:** Waste material created by consumers. This material is diverted from landfills and utilized in the production of other commodities.





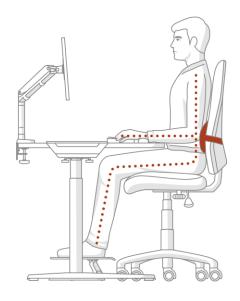
### **Ergonomic Working:**



Support your back. A seat cushion, foot rest or back support helps you achieve the correct posture.

How to use a back support

- **1.** Lumbar supports: These should fit in the inward curve of your lower back about waist level.
- 2. Full back supports: Ensure the support is positioned so it fits the inward curve of your lower back and supports your upper body.
- 3. Seating position: Sit just off upright, so you feel that you are supported by the backrest with your shoulders relaxed. Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle. Knees should be level or just lower than your hips with your feet firmly supported on the floor.
- 4. Support your feet: Don't forget to use a foot support if you can't place your feet firmly on the floor or want to add movement to your day.



#### **Certifications:**

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



#### Aftercare:

Cleaning: Covers handwash and air dry only. Do not bleach.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.



## Dimensional Drawings:

