

***Fellowes***

Ergonomic Solutions



Breyta™

**Foot Rest Cushion**

## Foot Rest Cushion

### Features:

- Designed to help reduce back and leg discomfort by supporting feet and encouraging correct ergonomic posture.
- Reduces muscle fatigue by relieving pressure at the back of the thighs.
- Rocking option to increase movement and circulation.
- Built in carry handle for easy transportation wherever you work.
- Foam made from 93% pre-consumer recycled content resulting in a lower carbon footprint compared with a virgin foam.
- Fabric cover made from 100% post-consumer recycled, polyester.
- Made in the UK and built to last with 5-year extended warranty.
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5.



### Specification:

Code	100119851
Colour	Black
Product Dimensions (H x W x D)	10.00 x 45.00 x 30.00 cm
Product Weight	1.73 kg
Retail Carton Dimensions (H x W x D)	46.40 x 31.00 x 11.00 cm
Retail Carton Weight	2.17 kg
Outer Carton Dimensions (H x W x D)	47.50 x 45.5 x 32.00 cm
Outer Carton Weight	8.43 kg
Number of height settings	1
Height settings	10 cm
Platform size	30.00 x 45.00 cm
Incline range	± 45°
Cover	Made from 100% post-consumer recycled polyester fabric
Foam	Made from 93% pre-consumer recycled content
Rocking motion	✓
Non-slip	✓
Features	Carry handle
Retail Barcode (UPC)	043859803088
Outer Carton Barcode (SCS)	10043859803085
Quantity per Outer Carton	4
Country of Origin	United Kingdom
Warranty	5 year limited

# Breyta™ Foot Rest Cushion



## Ergonomic design

Supports feet to encourage correct posture, reducing back, leg discomfort, and muscle fatigue.



## Carry handle

Built in carry handle for easy transportation wherever you work.



## Rocking feature

Can be flipped over to increase movement and circulation.



## Removable washable covers

Hand washable covers for hygiene, featuring rubber dots for added stability and avoid slipping.



## Made from 91% recycled content

Cover made from 100% post-consumer recycled polyester fabric. Foam made from 93% pre-consumer recycled fabric.

**Environmental:**

Product	Product Material Breakdown		Product Recycled Content		
	Weight (g)	Weight (%)	Pre-Consumer Recycled Content (g)	Post Consumer Recycled Content (g)	Total Recycled Content (%)
Polyurethane Foam	1600	93%	1488	-	93%
Polyester Fabric	79	5%	-	79	100%
PVC	29	2%	-	-	-
Polyester Zip	11	< 1%	-	-	-
Polypropylene (PP)	4	< 1%	-	-	-
Zinc	2	< 1%	-	-	-
Nylon	2	< 1%	-	-	-
<b>Total</b>	<b>1727</b>	<b>100%</b>	<b>1488</b>	<b>79</b>	<b>91%</b>

Packaging	Product Material Breakdown	
	Weight (g)	Weight (%)
Corrugated Box	200	100%
<b>Total</b>	<b>200</b>	<b>100%</b>

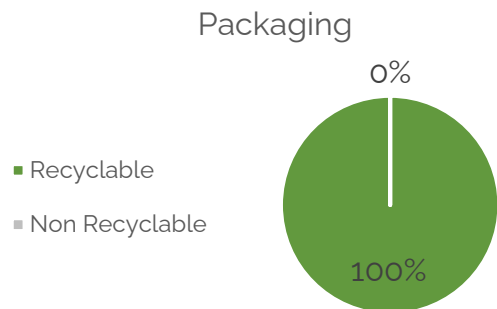
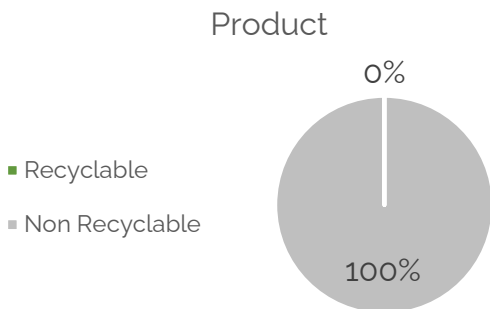


Packaging made from FSC® Recycled board

**Pre-Consumer Recycled Content:** Waste material that was created during the process of manufacturing or delivering goods prior to their delivery to consumers.

**Post-Consumer Recycled Content:** Waste material created by consumers. This material is diverted from landfills and utilized in the production of other commodities.

**Recyclability:**



## Ergonomic Working:



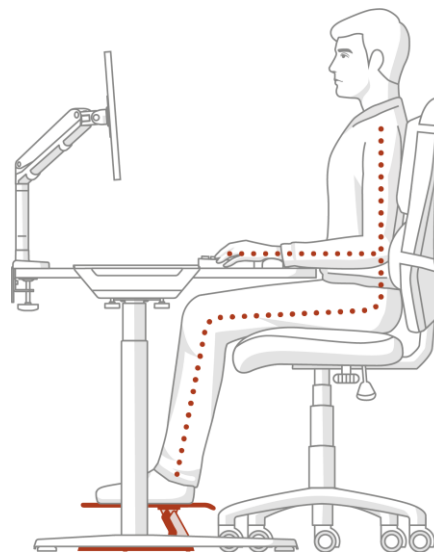
### **Fellowes** **ZONE 1** PREVENT BACK TENSION

#### Support your back.

A seat cushion, foot rest or back support helps you achieve the correct posture.

#### How to use a foot rest

- 1. Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
- 2. Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
- 3. Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
- 4. Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



## Certifications:

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



## Aftercare:

**Cleaning:** Covers handwash and air dry only. Do not bleach.

**Handling & Storage:** Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

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